



ChEWS Support Request Guidance

ChEWS (Children's Emotional Wellbeing Service) provides part of Kirklees CAMHS (Child and Adolescent Mental Health Service). ChEWS provides short term targeted interventions around emotional health for children and young people in Kirklees.

The service provides support to children and young people who:

- Are aged between 5 and 19
- Have a GP in Kirklees
- Have emotional needs that are impacting on their day to day life
- Are ready and willing to engage in support
- Are not responding to additional support put in place by families, schools, school nurses or other universal services

This includes:

- Early evidence of mood disorders
- Deliberate self harm
- Early onset of anxiety disorders
- Low self esteem and confidence
- Emotional response to trauma

ChEWS does not provide:

- An immediate or emergency response service
- Any diagnosis, formal assessments leading to diagnosis or medicating
- Support where there are complex needs – such as severe learning disability or significant ASD
- Long term, continued support
- A generic counselling service where needs are not impacting on day to day functioning
- Bereavement support immediately after a death; support would only be provided if emotional concerns were impacting after the expected disruption that would be present after bereavement
- Specialist support around specific medical issues, such as diabetes
- Behaviour support service