

The families we help would be grateful to receive any of the following items. If you'd prefer to make up a hamper, please ask us to nominate family so that you know how many adults and children you are helping.

Pasta, rice (dried)

Packet pasta and sauce

Packets of noodles/super noodles or rice (dry or microwave)

Cereals

Tea, Coffee, Hot chocolate (1 of those)

Cordial/Juice

Beans/pulses

Pasta/curry/meal sauces

Tinned produce - vegetables, soups, chopped tomatoes

Tinned meats or tuna

Crackers

Jars - jams, peanut butter, chocolate spread (just one of these is fine)

Crisps or nibbles

Biscuits / cakes /mince pies, Christmas pudding &/or Christmas cake, desserts /sponges & custard, rice pudding (small selection from these ideas)

Selection boxes or chocolates

Semi Skimmed Long life milk

General purpose cleaner

Washing up liquid

Toiletries - soap/shower gel, toothpaste, toothbrushes, feminine hygiene products, deodorant

If you'd like to donate a gift, we'd love to receive...

Any new/boxed gifts for any ages from birth to adults.

Gift vouchers for Amazon, Boots, Love to Shop, Argos, Primark or a sports shop are perfect for teenagers

Also (from 20 October onwards) our Amazon Wish List will be available to use.

If you'd like to donate money...

All cash donations are very gratefully received, and accounted for within the Appeal accounts.